



Weekly Schedule

Monday:

Billiards - Come down anytime for a great game of billiards

Bingo - 12pm to 2pm - Come join us for a fun game of bingo.

Computer Class - 9am to 11am - This is a 4 week basic computer class. Call the center to sign up.

Line Dancing - 9:45am to 11:15am - Stop by for a simple dance that everyone can do.

Needlepoint - 9am to 11am - Come to the center to do some needlepoint, knitting and crocheting. Anyone is welcome.

Wood Carving - 9am to 11:30am - Each person works on his or her own project

Tuesday:

AARP Driving Class – 1 day and 2 day classes available, Please call the center for more information and to register for a class.

Billiards - Come down anytime for a great game of billiards

Computer Lab – Computer use will be offered

Medicare Appraise Counseling – Call the center to make an appointment

Wii Bowling – 11am – Come play a game against your friends

Zumba Gold – 3:15 pm – A dance fitness class geared towards seniors taught by Carol Mann.

Wednesday:

Bowling at Pennel Lanes – 11am – The cost is \$5.00 for 3 games. Shoe rental, cookies and coffee are free. This is only social, there is no leagues or competition.

Thursday:

Billiards - Come down anytime for a great game of billiards

Chair Yoga – 10:15am – A gentle form of yoga practiced by using a chair for support

Computer Class - 9am to 11am - This is a 4 week basic computer class. Call the center to sign up.

Genealogy Class – 12pm to 2pm - The cost is \$40

Tai Chi – 12:30pm – Is a low impact exercise that will improve your health

Friday:

Ballroom Dance – 7:30pm to 10:30pm - Different live band every week. \$10 per person includes refreshments

Billiards - Come down anytime for a great game of billiards

Bingo - 12pm to 2pm - Come join us for a fun game of bingo.

Board Meeting – 9am – Meeting is every 1st and 3rd Friday of each month

General Membership Meeting – 10:30am – Meeting is every 1st and 3rd Friday of the month.

Lunch:

Lunch is served at 11:15am on Monday, Tuesday, Thursday and Friday.